



# Project AWARE

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## Connecting, Detecting, and Responding – for the mental health and well-being of Washington students



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### Project AWARE Schools & Communities



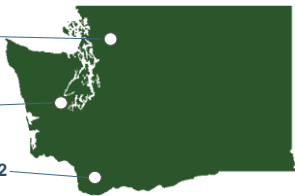
**Marysville**  
School District + ESD 189




**Shelton**  
School District + ESD 113




**your Battle Ground**  
PUBLIC SCHOOLS + ESD 112





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## State Activities – Mental Health



**KEEP  
TALKING  
ABOUT  
MENTAL  
HEALTH**

**Youth Mental Health First Aid**  
8 hour community trainings – FREE statewide

**Mental Health & High School Curriculum Resource**  
Trainings and materials for teachers – FREE statewide

**Fund 3 Districts for MH Supports and Services**  
(next slide)

**Policy change** and systems alignment to improve the mental health and well-being of Washington students



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## HOW it WORKS

Programs	Staff	Tools
<ul style="list-style-type: none"> <li>Student Assistance Program</li> <li>Positive Behavior Intervention Supports (PBIS)</li> <li>Mental health supports</li> <li>Youth Mental Health First Aid</li> <li>Mental Health Literacy</li> </ul>	<ul style="list-style-type: none"> <li>Student Assistance Professionals / Prevention Interventionists</li> <li>Teachers, school staff</li> <li>Mental health professionals</li> <li>ESD staff</li> </ul>	<ul style="list-style-type: none"> <li>GAIN screener + referrals</li> <li>Student Risk Screening Scale</li> <li>School Climate Survey</li> <li>Healthy Youth Survey</li> <li>Mental Health &amp; High School Curriculum</li> </ul>

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## District Efforts

Battle Ground	Shelton	Marysville
<ul style="list-style-type: none"> <li>SWIS and Skyward student information systems = Data driven decision making</li> <li>Core Management team with strong youth voice</li> <li>Exemplary PBIS</li> <li>Mental Health Literacy Curriculum</li> </ul>	<ul style="list-style-type: none"> <li>PAX Good Behavior Games K and 1st grade</li> <li>Increasing Mental Health staff for students through ESD and district partnerships</li> <li>Building PBIS efforts district wide</li> <li>Mental Health Literacy Curriculum</li> </ul>	<ul style="list-style-type: none"> <li>PREPaRE – incidence response and recovery program</li> <li>Connecting with CPWI efforts</li> <li>Building PBIS efforts district wide</li> <li>Mental Health Literacy Curriculum</li> </ul>

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# Multi-Tiered Systems of Support

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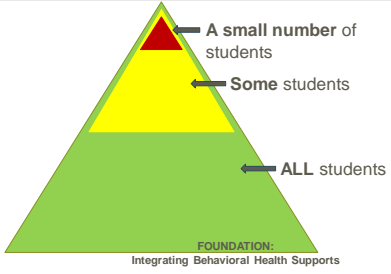
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A small number of students

Some students

ALL students

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Integrating Behavioral Health Supports

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Adapted from the Wisconsin's Mental Health Framework <http://dhs.wis.gov/mental-health/trauma>  
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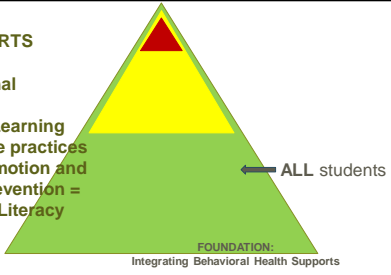
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## UNIVERSAL SUPPORTS

- Caring interpersonal relationships
- Social Emotional Learning
- Trauma-responsive practices
- Mental Health Promotion and Substance Use Prevention = Behavioral Health Literacy



ALL students

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- Referral and case management
- Early identification and screening
- Effective individual and group interventions (example: check in check out, intervention groups)

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- Counseling & treatment services
- Support teams
- Deepened collaboration with youth, families, and community providers (example: WISE)

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**Project AWARE**

Connecting, Detecting, and Responding —  
For the Mental Health and Well-being of Washington Students

<http://www.k12.wa.us/SecondaryEducation/AWARE.aspx>

Contact: Mandy Paradise  
Project AWARE Program Supervisor  
Secondary Education & Student Support  
Office of Superintendent of Public Instruction (OSPI)  
Ph: 360-725-6448 email: [OSPI\\_Mandy.Paradise@k12.wa.us](mailto:OSPI_Mandy.Paradise@k12.wa.us)

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